



POST-PEEL INSTRUCTIONS

For approximately one week your skin will undergo the renewal process. Your skin will lose its dead outer layer. Depending on your skin and the type of peel you get, you may or may not notice the peeling. However, when peeling is visible it will occur two to four days after the treatment. In addition, some mild itching, burning, and tightness of the skin may be experienced.

For best results following your treatment, please follow these guidelines:

- Use a mild cleanser and gentle moisturizer for seven to ten days after treatment.
- Avoid products with Retinol or Vitamin C for one week.
- Sun exposure should be avoided for at least 24 hours and sunscreen should be worn daily.
- We recommend you use mineral based foundation until the healing process is complete.
- Avoid waxing, laser treatments, electrolysis and facial scrubs for at least one week.

If you have any questions, please do not hesitate to call us. **301.695.8346**